



GYROKINESIS®
Pre-Training
August 13-15 & 27-29, 2021
Pre-Trainer: *Roseann Baker*

26 7th St., 4th Fl.
San Francisco, CA 94103
Tel: 415-863-3719
courses@sfgyrotonic.com
www.sfgyrotonic.com

Name: (as you wish it to appear on the certificate) _____ Home #: _____
Street: _____ Cell #: _____
City, State, Zip: _____ Work #: _____
E-mail: _____ Referred by: _____

Prerequisite: It is strongly recommended that the students wanting to enroll in a Pre-Training Course take at least 10 private, group, or introductory lessons prior to enrollment.

Total Cost: \$700 Deposit: \$200 Balance: \$500

Schedule

Day	Date	Hours	Day	Date	Hours
Fri	8/13	10:30am – 5:30pm	Fri	8/27	10:30am – 5:30pm
Sat	8/14	10:30am – 5:30pm	Sat	8/28	10:30am – 5:30pm
Sun	8/15	11:00am – 5:30pm	Sun	8/29	11:00am – 5:30pm

Please tell us a little about your previous experience with the system:

GYROKINESIS® Experience - Please check one:

- Less than 6 months
- Less than 1 year
- 1-3 Years
- 3-7 years

Studio(s) where you practice or trainer(s) you practice with:

If you have any injuries or weak areas of the body that could potentially warrant special attention during the course, please describe below:



I _____ understand that I alone am responsible for any accidents that occur or injuries that may be sustained in any work I may do as a part of my training at San Francisco GYROTONIC® (SFG) and that neither SFG nor any of its employees will be held liable for any such injuries or accidents. I have read and completely understand this statement and its contents. Any questions I may have had regarding this statement have been asked and answered to my satisfaction and comprehension.

I have enclosed the deposit of: \$ _____

All deposits are non-refundable and non-transferable.

Please make checks payable to: San Francisco GYROTONIC®

Balance due on the first day of the course

Signature: _____ Date: _____